

“The Assumption of Mary into Heaven in Body and Soul”...

FROM THE BOOK OF REVELATION:

“The woman was given the two wings of the great eagle, so that she could fly to her place in the desert, where, far from the serpent, she was taken care of for a year, two years, and a half-year.”
(Rev.12:14)¹

MEDITATION ON THE MYSTERY:

Lord, give also to us, as to Mary, the grace to be taken up into heaven in body and soul; but sooner still, give us the grace to be taken up ever more fully, body and soul, into the plan you have for us.
(cf. SLC, p. 469)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- Regarding the importance of prayer in order to go upwards, the Curé of Ars says: *“The one who doesn’t pray is like a chicken or a turkey, which can’t rise up into the air... But the one who prays is like a fearless eagle, which soars through the air and seems to always want to fly closer to the sun.”*
(CURATO D’ARS, in *La sua Pazienza ci aspetta*, Santuario d’Ars, p.14 [unpublished translation by pfsgm])

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...